

The background of the entire image is a repeating floral pattern. It features stylized flowers in shades of yellow and orange, pinkish-purple blossoms, and dark teal leaves and stems. The pattern is dense and covers the entire page.

Let's Explore

Social Prescribing

By SaskWellbeing

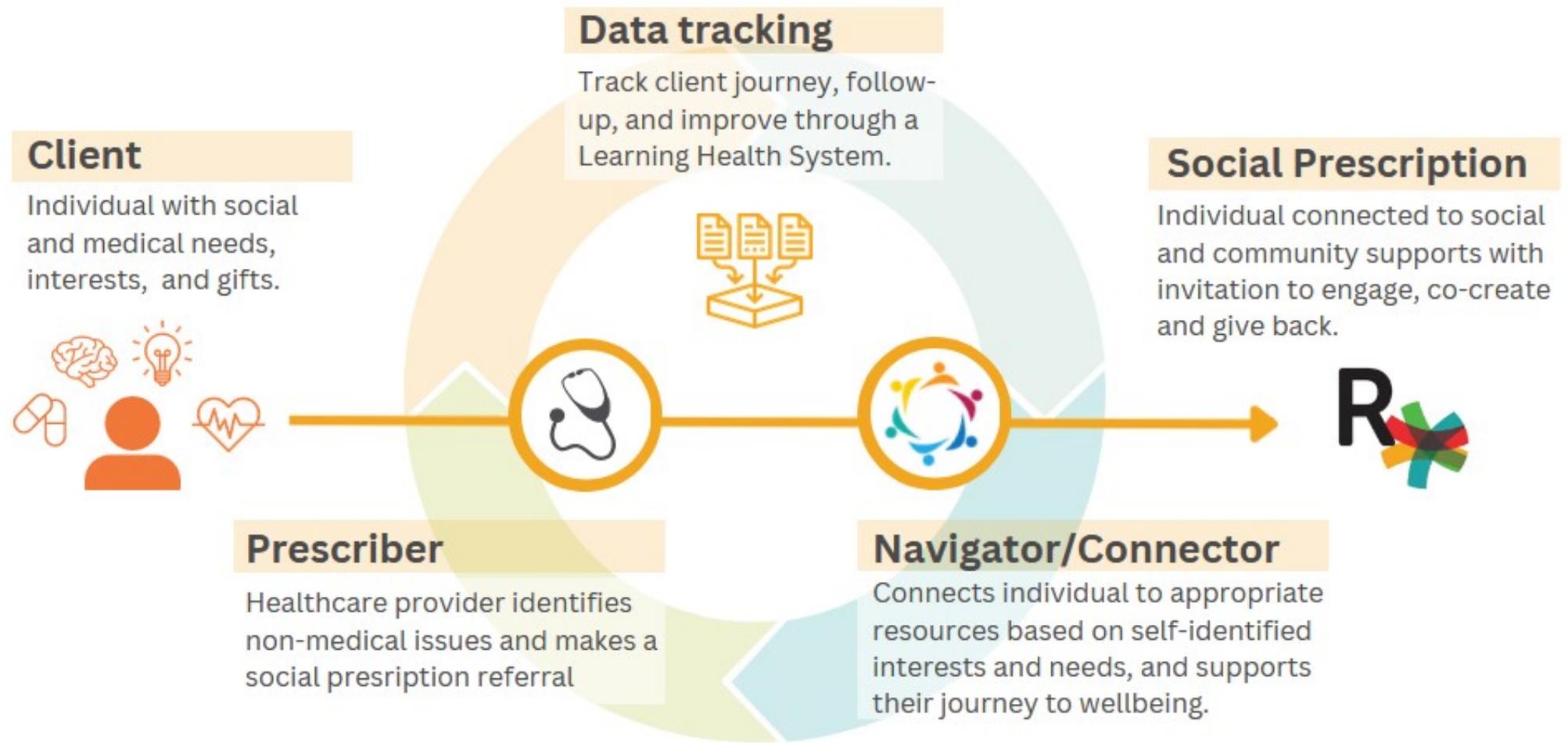
“addressing
people’s needs
in a holistic way”

- Public Health England



“Social prescribing is a means of enabling professionals (often healthcare practitioners) to refer people to non-clinical services to support their health and wellbeing. A key component of social prescribing is ‘link’ workers who are specially trained to support people in identifying what matters to them and designing their own personalised solutions to help with social, emotional or practical needs to improve their health and wellbeing. This often utilises voluntary, community, faith and social enterprise services such as choirs, gardening clubs, exercises classes, art groups and many more.”

SOCIAL PRESCRIBING PATHWAY COMPONENTS



The background is a repeating floral pattern. It features stylized pink flowers with dark teal leaves, yellow flowers with dark teal leaves, and teal leaves with small pink buds. The pattern is set against a light cream background.

Social Prescribing in Canada

Canadian Institute for Social Prescribing

The Canadian Institute for Social Prescribing (CISP) is a new national hub to link people and share practices that connect people to community-based supports and services that can help improve their health and wellbeing.



Rx: Community



Montreal Museum of Fine Arts



MMFA-MFDC Museum prescription. Photo MBAM, Jean-François Brière

“The [...] Museum Prescriptions program is a new treatment tool that makes museum visits accessible to thousands of patients suffering from a variety of physical and mental health problems. By offering free admission to a safe, welcoming place, a relaxing, revitalizing experience, a moment of respite, and an opportunity to strengthen ties with loved ones, MMFA-MFDC Museum Prescriptions contribute to the patient’s well-being and recovery.”



SaskWellbeing is an initiative that encourages communities and decision-makers to consider all dimensions of wellbeing, and to engage in collaborative multi-sectoral approaches to improve quality of life for all citizens.

www.saskwellbeing.ca

Resources:

- [Social Prescribing Network](#)
- [Canadian Institute for Social Prescribing](#)
- [Rx: Community Final Report](#)
- [MMFA Museum Prescription Program](#)
- [WHO Social Prescribing Course](#)

